



BREAKFAST MENU

HEALTHY START

EGG WHITE FRITTATA 17
Spinach, zucchini, cherry tomato, goat cheese, breakfast potatoes, toast

LOX AND CREAM CHEESE BAGEL 15
Smoked salmon, Roma tomato, red onion, capers, served with your choice of plain or fresh herb cream cheese

SEASONAL FRUIT PLATE 15
Selection of fresh sliced fruit with your choice of low-fat yogurt or cottage cheese

ARTISAN GRANOLA 13
Blackberries, strawberries, blueberries, low-fat vanilla yogurt

OLD FASHIONED OATMEAL 12
Banana brûlée, strawberries, toasted pecans

SIGNATURE

BLUEBERRY PECAN PANCAKES 16
Toasted pecans, flax seed, artisan granola, maple syrup, butter

PULLED PORK HASH 19
Pulled pork, poached eggs, diced pepper, onion, breakfast potatoes, hollandaise sauce, toast

SAUSAGE SCRAMBLE 17
Three eggs, Genoa salami, breakfast sausage, onions, diced peppers, white cheddar, breakfast potatoes, toast

BRIOCHE FRENCH TOAST 16
Lemon infused Mascarpone, maple syrup, butter

BENEDICTS

WEST COAST EGGS BENEDICT 20
Smoked salmon, avocado, fresh herb cream cheese, hollandaise, breakfast potatoes, toasted English muffin

EGGS BENEDICT 18
Peameal bacon, hollandaise, breakfast potatoes, toasted English muffin

FLORENTINE EGGS BENEDICT 17
Spinach, tomato salsa, hollandaise, breakfast potatoes, toasted English muffin

Substitute breakfast potatoes with a fruit salad \$2

Add juice, coffee / tea to any breakfast for \$8



CLASSICS

HAM 'STEAK' AND EGGS

Two eggs prepared any style, thick cut smoked country ham, breakfast potatoes, toast

17

TRADITIONAL BREAKFAST

16

Two eggs prepared any style with your choice of ham, sausage or bacon, breakfast potatoes, toast

WESTERN OMELETTE

Three eggs, diced ham, onions, red and green pepper, marble cheddar, breakfast potatoes, toast

18

VEGGIE OMELETTE

17

Three eggs, tomato, diced onion, red and green peppers, baby spinach, marble cheddar, breakfast potatoes, toast

Sub breakfast potatoes for fruit salad \$2
Add juice, coffee / tea to any breakfast for \$8

BUFFET

CONTINENTAL

22

Dry cereals with milk, pastry selection, bagels, bread, artisan granola, fresh fruit salad, low fat yogurt, cottage cheese, old fashioned oatmeal, selection of cheese and deli meats

FULL

32

Includes all continental buffet options plus the following

Fresh scrambled eggs, Applewood smoked bacon, breakfast sausages, mini vegetable frittatas, breakfast potatoes, and made to order pancakes

Both buffet options include juices, and freshly brewed Starbucks® coffee and assorted Tazo® teas

BEVERAGES

Fresh Daily Smoothie	7
Starbucks® Coffee	5
Espresso	5
Americano	5
Cappuccino	5
Latte	5
Hot Chocolate	5
Tazo® Teas	5

Please let your server know if you have any allergies

All prices subject to 5% GST

18% gratuity will be added to parties of 6 people

SIDES

TOAST	5
DRY CEREALS	5
CROISSANT OR MUFFIN	6
WALL CENTRE CORN MUFFINS	4
BAGEL AND CREAM CHEESE	6
<i>served with your choice of plain or fresh herb cream cheese</i>	
ENGLISH MUFFIN	5
TWO FREE-RANGE EGGS	5
BREAKFAST POTATOES	4
BACON OR HAM	6
BREAKFAST SAUSAGE	7
FRESH FRUIT SALAD	5
LOW-FAT YOGURT	5
PINK GRAPEFRUIT (HALF)	4
SMOKED SALMON	7
AVOCADO (HALF) 3 (FULL)	5