

CAFÉ *One*

BREAKFAST MENU

HEALTHY START

EGG WHITE FRITTATA Spinach, zucchini, cherry tomato, goat cheese, breakfast potatoes, toast	17	ARTISAN GRANOLA Blackberries, strawberries, blueberries, low-fat vanilla yogurt	13
SEASONAL FRUIT PLATE Selection of fresh sliced fruit with your choice of low-fat yogurt or cottage cheese	15	OLD FASHIONED OATMEAL Banana brûlée, strawberries, toasted pecans	12
LOX AND CREAM CHEESE BAGEL Smoked salmon, cream cheese, Roma tomato, red onion, capers,	15		

SIGNATURE

BLUEBERRY PECAN PANCAKES Toasted pecans, flax seed, artisan granola, maple syrup, butter	16
PULLED PORK HASH Pulled pork, poached eggs, diced pepper, onion, breakfast potatoes, hollandaise sauce, toast	19
SAUSAGE SCRAMBLE Three eggs, Genoa salami, British banger sausage, onions, diced peppers, white cheddar, breakfast potatoes, toast	17
BRIOCHE FRENCH TOAST Lemon infused Mascarpone, maple syrup, butter	16

BENEDICTS

WEST COAST EGGS BENEDICT Smoked salmon, avocado, hollandaise, breakfast potatoes, toasted English muffin	20
EGGS BENEDICT Peameal bacon, hollandaise, breakfast potatoes, toasted English muffin	18
FLORENTINE EGGS BENEDICT Spinach, tomato salsa, hollandaise, breakfast potatoes, toasted English muffin	17

Substitute breakfast potatoes with a fruit salad \$2

Add juice, coffee / tea to any breakfast for \$8

CLASSICS

<p>HAM 'STEAK' AND EGGS Two eggs prepared any style, thick cut smoked country ham, breakfast potatoes, toast</p>	17	<p>TRADITIONAL BREAKFAST Two eggs prepared any style with your choice of ham, sausage or bacon, breakfast potatoes, toast</p>	16
<p>WESTERN OMELETTE Three eggs, diced ham, onions, red and diced green pepper, marble cheddar, breakfast potatoes, toast</p>	18	<p>VEGGIE OMELETTE Three eggs, tomato, onion, diced peppers, baby spinach, marble cheddar, breakfast potatoes, toast</p>	17

*Sub breakfast potatoes for fruit salad \$2
Add juice, coffee / tea to any breakfast for \$8*

BUFFET

<p>CONTINENTAL Dry cereals with milk, pastry selection, bagels, bread, artisan granola, fresh fruit salad, low fat yogurt, cottage cheese, old fashioned oatmeal, selection of cheese and deli meats</p>	22
<p>FULL <i>Includes all continental buffet options plus the following</i> Fresh scrambled eggs, Applewood smoked bacon, breakfast sausages, mini vegetable frittatas, breakfast potatoes, and made to order pancakes</p>	32

Both buffet options include juices, and freshly brewed Starbucks® coffee and assorted Tazo® teas

BEVERAGES

Fresh Daily Smoothie	7
Starbucks® Coffee	5
Espresso	5
Americano	5
Cappuccino	5
Latte	5
Hot Chocolate	5
Tazo® Teas	5
Juice	5
Milk	6

Please let your server know if you have any allergies

*All prices subject to 5% GST
18% gratuity will be added to parties of 6 people*

SIDES

TOAST	5
DRY CEREALS	5
CROISSANT OR MUFFIN	6
WALL CENTRE CORN MUFFINS	4
BAGEL AND CREAM CHEESE	6
ENGLISH MUFFIN	5
TWO FREE-RANGE EGGS	5
BREAKFAST POTATOES	4
BACON OR HAM	6
BREAKFAST SAUSAGE	7
FRESH FRUIT SALAD	5
LOW-FAT YOGURT	5
PINK GRAPEFRUIT (HALF)	4
SMOKED SALMON	7
AVOCADO	(HALF) 3 (FULL) 5