

# CAFÉ *One*

## BREAKFAST MENU

### HEALTHY START

#### EGG WHITE FRITTATA 17

Spinach, zucchini, cherry tomato, goat cheese, breakfast potatoes, toast

#### LOX AND CREAM CHEESE BAGEL 15

Smoked salmon, roma tomato, red onion, capers,  
served with your choice of: plain or fresh herb cream cheese

#### SEASONAL FRUIT PLATE 15

Selection of fresh sliced fruit with your choice of: low-fat yogurt or cottage cheese

#### ARTISAN GRANOLA 13

Blackberries, strawberries, blueberries, low-fat vanilla yogurt

#### OLD FASHIONED OATMEAL 12

Banana brûlée, strawberries, toasted pecans

### SIGNATURE

#### BLUEBERRY PECAN PANCAKES 16

Toasted pecans, flax seed,  
artisan granola, maple syrup, butter

#### PULLED PORK HASH 19

Pulled pork, poached eggs,  
diced pepper, onion, breakfast potatoes,  
hollandaise sauce, toast

#### SAUSAGE SCRAMBLE 17

Three eggs, Genoa salami, breakfast  
sausage, onions, diced pepper, marble  
cheddar, breakfast potatoes, toast

#### BRIOCHE FRENCH TOAST 16

Lemon infused Mascarpone,  
maple syrup, butter

### BENEDICTS

#### WEST COAST EGGS BENEDICT 20

Smoked salmon, avocado, fresh herb cream  
cheese, hollandaise, breakfast potatoes,  
toasted English muffin

#### EGGS BENEDICT 18

Peameal bacon, hollandaise, breakfast  
potatoes, toasted English muffin

#### FLORENTINE EGGS BENEDICT 17

Spinach, tomato salsa, hollandaise,  
breakfast potatoes, toasted English muffin

*Substitute breakfast potatoes with a fruit salad \$2  
Add juice, coffee / tea to any breakfast for \$8*

ALL PRICES SUBJECT TO 5% GST  
18% GRATUITY WILL BE ADDED TO PARTIES OF 6 PEOPLE OR MORE

## BUFFET

### CONTINENTAL 22

Dry cereals with milk, pastry selection, bread, artisan granola, fresh fruit salad, low fat yogurt, cottage cheese, old fashioned oatmeal, selection of cheese and deli meats

*Buffet options include juices, and freshly brewed Starbucks® coffee and assorted Tazo® teas*

## CLASSICS

### HAM 'STEAK' AND EGGS

Two eggs prepared any style, thick cut smoked country ham, breakfast potatoes, toast

### WESTERN OMELETTE

Three eggs, diced ham, onions, diced pepper, marble cheddar, breakfast potatoes, toast

### 17 TRADITIONAL BREAKFAST 16

Two eggs prepared any style with your choice of ham, sausage or bacon, breakfast potatoes, toast

### 18 VEGGIE OMELETTE 17

Three eggs, tomato, diced onion, diced pepper, baby spinach, marble

*Sub breakfast potatoes for fruit salad \$2 | Add juice, coffee / tea to any breakfast for \$8*

## BEVERAGES

FRESH DAILY SMOOTHIE	7
STARBUCKS® COFFEE	5
ESPRESSO	5
AMERICANO	5
CAPPUCCINO	5
LATTE	5
HOT CHOCOLATE	5
TAZO® TEAS	5
JUICE	5
MILK	6

*Please let your server know if you have any allergies*

## SIDES

TOAST	5
DRY CEREALS	5
CROISSANT OR MUFFIN	6
WALL CENTRE CORN MUFFINS	4
ENGLISH MUFFIN	5
TWO FREE-RANGE EGGS	5
BREAKFAST POTATOES	4
BACON OR HAM	6
BREAKFAST SAUSAGE	7
FRESH FRUIT SALAD	5
LOW-FAT YOGURT	5
PINK GRAPEFRUIT (HALF)	4
SMOKED SALMON	7
AVOCADO (HALF) 3 (FULL)	5